

## What is the Church?

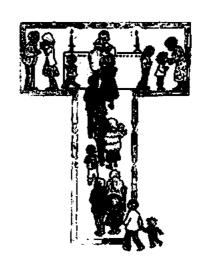
Children's Worksheet: Unit 6

## We are the Body of Christ



Communion - the Eucharist - is a sacrament we can celebrate many times but our First Holy Communion is a special occasion.

In Holy Communion we receive 'The Body of Christ'.





## Communion - The Gift of Jesus

Fit these words into the gaps to complete the story

> eat drink body blood bread wine

The evening before Jesus died on the cross he celebrated a special meal with his friends. This meal is known as The Last Supper.

During the meal, Jesus took b \_ \_ \_ \_ , blessed it and broke it and said, "This is my b \_ \_ \_ which will be given up for you. Take it and e \_ \_ ." He took the cup of w \_ \_ \_ , blessed it and said,

"This is the cup of my b  $\_$   $\_$   $\_$  which will be shed for you and for all.

Take it and d \_ \_ \_ ."

He told his friends, "Do this in memory of me."

We obey this command when we come together at Mass and do what Jesus did at the Last Supper.

The Mass is also called 'The Eucharist' which comes from a Greek word meaning 'Thank you'.

The priest says the Eucharistic Prayer - a prayer of thanksgiving.



During that prayer, he takes the bread and the wine and says the same words that Jesus said at the Last Supper.

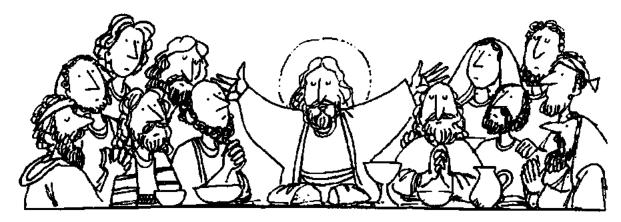
The bread and wine become the Body and

Blood of Jesus and we receive Him in Holy Communion.



## At Home...

Colour in this picture of Jesus sharing the Last Supper with his disciples



and think about the words he spoke to them.

Write down some of the things that we can thank God for when we come to Mass - the Eucharist:

Prayer Before Communion: Lord Jesus, come to me. Lord, Jesus, give me your love. Lord Jesus, come to me and give me yourself.

Lord Jesus, friend of children, come to me. Lord Jesus, you are my Lord and my God.

Praise to you, Lord Jesus Christ.

Prayer After Communion: Lord Jesus, I love and adore you. You're a special friend to me. Welcome, Lord Jesus, O welcome. Thank you for coming to me.

Thank you, Lord Jesus, O thank you For giving yourself to me. Make me strong to show your love Wherever I may be.

Be near me, Lord Jesus, I ask you to stay

Close by me forever and love me, I pray.
Bless all of us children in your loving care
And bring us to heaven to live with you there.

I'm ready naw, Lord Jesus, To show how much I care. I'm ready naw to give your love At home and everywhere. Amen.