

What is the Church?

Children's Worksheet: Unit 7

We are People who Live our Faith



Many people will be happy that you have now celebrated your First Holy Communion - even some people that you don't know. Can you think of some of the people who will be happy?

These people are happy because they know that you have taken a very important step in

- Believing in Jesus
- Growing as a member of the Catholic Church

First Communion marks the end of a special journey that you have been on over the past few months - a journey of preparation.



But there is another journey that you are on being a follower of Christ - that lasts for the whole of your life.

So First Holy Communion is only the beginning. Now you will be able to receive Communion each time you come to Mass and be reminded about how much Jesus loves you and how he will help you throughout your life.

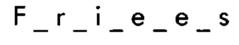
Looking Back...

Over the past few months we have been thinking about different answers to the question 'What is the Church?' During Mass we remind ourselves of these answers:



We are People who

We are People who celebrate







We are People who celebrate

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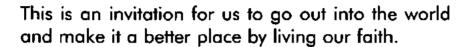


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Looking Forward...

At the end of Mass we are told to 'Go in peace, glorifying the Lord by your life.'





We are followers of Jesus, strengthened with the gift of Jesus in Holy Communion.

At Home	At Se	:hool

Jesus wants his followers to be happy and to share that happiness with other people

At Home...

Make sure you have completed all your worksheets and then keep them together in your special folder.

You can look through the worksheets every now and then to help you remember some of the things you have done and learned during this time of preparation for First Holy Communion.

Use this list to remind you of ways in which you can live your faith:

- Trying to spend some time in prayer every day
- Finding ways of helping your family and friends
- Working hard at school
- Going to Mass on Sundays

Don't forget to pray for those who have helped you during this time of preparation:

- Your parents
- Your catechist or faith friend
- Your teacher
- Your parish priest

When you are at Church:

- Say hello to some of the people who have helped you
- Pray for the next group of children who are preparing for these sacraments

This worksheet belongs to:	
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